

CALORIES**40****SERVING SIZE****1 Pouch (90g)****AMOUNT PER SERVING****%DV**

Sodium 5 mg

Total Carbohydrates 10 g 4%

Dietary Fiber 1 g 4%

Soluble Fiber 1 g

Sugars 8 g

Includes 0 g Added Sugars 0%

Vitamin C 9 mg 10%

Potassium 70 mg 2%

INGREDIENTS

APPLES, ASCORBIC ACID (VITAMIN C)