

# Nutrition Facts

**Serving Size**

◆ 0.67 Cup

**Amount Per Serving**

**Calories 150**

% Daily Value\*

<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> < 5mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrates</b> 32g	<b>12%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 24g	
Includes 16g Added Sugars	<b>32%</b>
Sugar Alcohol 0g	
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 130mg	<b>10%</b>
Iron 0mg	<b>0%</b>
Potassium 260mg	<b>6%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Milk !

Eggs !

Wheat !

Tree Nuts ●

Peanuts ●

Soy ●

**Cookies** n Cream  
Naturally & Artificially Flavored

Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Maltodextrin, Cake Base (Wheat Flour, Powdered Sugar, Palm Oil, Cocoa (Processed With Alkali), Sugar, Caramel Color, Baking Soda, Salt, Natural Vanilla Flavor, Ammonium Bicarbonate), Marshmallow Syrup (Corn Syrup, Sugar, Water, Egg Whites, Artificial Flavors, Xanthan Gum, Lactic Acid, Salt), Contains Less Than 1% Of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Natural and Artificial Flavors, Non Fat Dry Milk, Cocoa (Processed with Alkali), Modified Food Starch, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. CONTAINS BIOENGINEERED FOOD INGREDIENTS.