

Nutrition Facts

1 serving per container

Serving size 1 package

Amount per serving

Calories 210

% Daily Value*

Total Fat 12g 16%

Saturated Fat 1.5g 9%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 125mg 5%

Total Carbohydrate 23g 8%

Dietary Fiber 2g 7%

Total Sugars 1g

Protein 3g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.8mg 4%

Potassium 520mg 10%

Vitamin C 10%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Vegetable Oil (Sunflower, Corn and/or Canola Oil), and Sea Salt.