

Regal Foods
Nutrition Label
Meatloaf Seasoning 5.5 oz.

Nutrition Facts	
5.5 servings per container	
Serving size	1 oz (28g)
Amount per serving	
Calories	60
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 740mg	32%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	15%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 90mg	8%
Iron 2mg	10%
Potassium 230mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Onion, Green Bell Peppers,
Parsley, Salt, Pepper, Garlic