

## **MACADAMIA NUTS - RAW**

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>1 oz (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
% Daily Value *	
<b>Total Fat</b> 21g	<b>28%</b>
Saturated Fat 3.5g	<b>17%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 2g	<b>9%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 20mg	<b>2%</b>
<b>Iron</b> 1mg	<b>6%</b>
<b>Potassium</b> 100mg	<b>2%</b>
<b>Vitamin E</b> 0.2mg	<b>2%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:** MACADAMIA NUTS.

**CONTAINS MACADAMIA NUTS**

PRODUCT IS MADE ON THE SAME EQUIPMENT AND MAY CONTAIN TRACES OF MILK, SOY, WHEAT, PEANUTS, OTHER TREE NUTS, AND SESAME.

PRODUCT FROM USA, AUSTRALIA, SOUTH AFRICA

PACKAGED IN USA