



# GENERAL MILLS LUCKY CHARMS FROSTED TOASTED OAT CEREAL WITH MARSHMALLOWS



## NUTRITION

### Nutrition Facts

Serving Size: 1 Cup (36g)

Amount Per Serving

Lucky Charms With 1/2 Cup Skim Milk

Calories 140 190

% Daily Value %

Total Fat 1.5g	2%	2%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Polyunsaturated 0.5g		
Monounsaturated 0.5g		
Cholesterol 0mg	0%	1%
Sodium 230mg	10%	12%
Total Carbohydrate 30g	11%	13%
Dietary Fiber 2g	7%	7%
Total Sugars 12g		

Includes 12g Added Sugars

24% 24%

Protein 3g

Vitamin D 2mcg	10%	15%
Calcium 130mg	10%	20%
Iron 3.6mg	20%	20%
Potassium 0mg	0%	6%
Vitamin A	10%	15%
Vitamin C	10%	10%
Thiamin	20%	20%
Riboflavin	10%	25%
Niacin	10%	10%
Vitamin B6	20%	20%
Folate	20%	20%

## PACKAGING

Base Product Code: 11998000	Unit Weight: 35 OZ
GTIN: 10016000119984	Gross Case Weight: 10.75 LB
Units Per Case: 4	Net Case Weight: 8.75 LB
Pallet Info: Layer: 10, High: 3, Pal Qty: 30	Case Dimensions (in): 20 (L) X 9.50 (W) X 16.62 (H)
	Kosher: NONE: NONE

## INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Modified Corn Starch, Corn Syrup, Dextrose. Contains 2% or less of: Salt, Gelatin, Trisodium Phosphate, Red 40, Yellow 5 ; 6, Blue 1, Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Allergens: Does Not Contain Declaration Obligatory Allergens

## GENERAL DESCRIPTION

A frosted and toasted whole grain oat-based, gluten-free cereal with marshmallow pieces in cost-effective, 35 oz bulk packaging for less waste and great labor savings. For USDA Child Nutrition Programs: 0.75 ounce equivalent grain and whole grain-rich criteria.

## PREP & SERVING

READY\_TO\_EAT : Ready to eat Bulk cereal is well suited for use in a dispenser for self service continental breakfast and in college & university foodservice. College students eat cereal around the clock as breakfast, meal replacement, snack and dessert.

## BENEFITS

Lucky Charms is a frosted and toasted whole grain oat-based, gluten-free cereal with marshmallow pieces. Contains no high fructose corn syrup. In 35 oz bulk packaging, this is an easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings. For USDA Child Nutrition Programs: 0.75 ounce equivalent grain and meets whole grain-rich criteria. Recommended for colleges and universities and lodging settings. General Mills is foodservice share leader in ready-to-eat cereal.

(10mcg Folic Acid)

Vitamin B12	20%	40%
Phosphorus	8%	15%
Magnesium	8%	10%
Zinc	20%	20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

\* - Not a significant nutrient source

## NUTRITION

### Nutrition Facts

Serving Size: 100g

Amount Per Serving

As Packaged

Calories 390

% Daily Value %

Total Fat 4g

Saturated Fat 0g

Trans Fat 0g

Polyunsaturated 2g

Monounsaturated 2g

Cholesterol 0mg

Sodium 640mg

Total Carbohydrate 83g

Dietary Fiber 6g

Total Sugars 33g

Includes 33g Added Sugars

Protein 8g

Vitamin D 6mcg

Calcium 360mg

Iron 10mg

Potassium 220mg

Vitamin A 1155IU

Vitamin C 25mg

Thiamin 1mg

Riboflavin 0mg

Niacin 4mg

Vitamin B6 1mg

Folate 220mcg

(10mcg Folic Acid)

Vitamin B12 1mcg

Phosphorus 290mg

Magnesium 90mg

Zinc 6mg

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

\* - Not a significant nutrient source

## STORAGE DETAILS

com.stibo.core.domain.impl.value.FrontCompactSoftSingleMultiValueImpl  
@187ee6ee

Keep in a cool dry place

## UPC BARCODE



10016000119984