

Nutrition Facts	
1 servings per container	
Serving size	1 Container (18g)
Amount Per Serving	
Calories	70
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 1g	2%
Vitamin D 1.2mcg	6%
Calcium 0mg	0%
Iron 4.5mg	25%
Potassium 0mg	0%
Thiamin	10%
Riboflavin	10%
Niacin	10%
Vitamin B6	10%
Folate 80mcg DFE (50mcg folic acid)	20%
Vitamin B12	10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Rice, sugar, malt flavor, contains 2% or less of salt.