

Nutrition Facts

Serving size 1 Bun (71g)

Amount Per Serving

Calories 200

% Daily Value*

Total Fat 8g 10%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 70mg 23%

Sodium 190mg 8%

Total Carbohydrate 29g 11%

Dietary Fiber <1g 3%

Total Sugars 2g

Includes <1g Added Sugars 1%

Protein 4g

Vitamin D 0.3mcg 2%

Calcium 20mg 2%

Iron 0.6mg 4%

Potassium 60mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Gluten free flour (white rice flour, tapioca starch, corn starch, arrowroot flour, soy flour, potato flour, potato flakes, flaxseed meal), water, eggs, palm oil, honey brown sugar, xanthan gum, salt, dry yeast, apple cider vinegar.