

IQF Diced Granny Smith Apples Nutrition

Nutrient	Amount per 100 grams
Calories	55 kcal
Total Fat	<0.8 g
Saturated Fat	<0.01 g
Trans Fat	<0.01 g
Cholesterol	<5 mg
Sodium	36 mg
Total Carbohydrate	14 g
Dietary Fiber	0.6 g
Sugars	9.6 g
Added Sugars	0 g
Protein	<0.5 g
Vitamin A	58.2 mcg
Vitamin C	21 mg
Vitamin D	<10 mcg
Calcium	6 mg
Iron	0.22 mg
Potassium	100 mg
Moisture	85.71 g
Ash	0.47 g

Ingredients: Ingredients are listed in descending order of predominance by weight - apples (96.5%), salt (2.0%), ascorbic acid (1.0%), and citric acid (0.50%).