

Regal Foods
Nutrition Label
Greek Seasoning 3.5 oz.

Nutrition Facts	
3.5 servings per container	
Serving size	1 oz (28g)
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1780mg	77%
Total Carbohydrate 15g	5%
Dietary Fiber 7g	26%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 310mg	25%
Iron 9.7mg	50%
Potassium 390mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Salt, Oregano, Basil, Pepper, Parsley, Dill Weed, Onion, Garlic, Rosemary, Thyme & Cinnamon