<b>Nutrition Facts</b>	(Fry)
10 Servings Per Container	
Serving Size	1 Each
Amount Per Serving	
Calories	130
	% Daily Value*
Total Fat 3.5 g	5%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 110 mg	8%
Total Carbohydrate 23 g	8%
Dietary Fiber 0 g	0%
Sugar 1 g	0%
Protein 3 g	0%
Coloium 6 mg	0%
Calcium 6 mg	- 10
Iron 1 mg	6%
* The % Daily Value (DV) tells you how mu serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	

INGREDIENTS: Wheat Flour Bleached, Bromated, Enriched (Wheat Flour, Malted Barley Flour, Niacin, Iron Potassium Bromate, Thiamine Monoitrate, Riboflavin And Folic Acid