

# Nutrition Facts

Serving size1 Packet (28g)

Amount per serving

Calories100

% Daily Value\*

Total Fat 1g1%

Saturated Fat 0.5g3%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 0mg0%

Total Carbohydrate 25g9%

Dietary Fiber 2g7%

Total Sugars 22g

Includes 22g Added Sugars44%

Protein 1g

Vit. D 0mcg0% • Calcium 10mg0%

Iron 0.9mg6% • Potas. 150mg4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.