

Nutrition Facts

Serving size 1 Packet (28g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 25g 9%

Dietary Fiber 2g 7%

Total Sugars 22g

Includes 22g Added Sugars 44%

Protein 1g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0.9mg 6% • Potas. 150mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.