

Serving Size	1 oz (28g)
Amount per serving:	
Calories	80
Total Fat 7g	9%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars 0g	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 158mg	10%
Iron 0mg	0%
Potassium 8mg	0%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

Water, Coconut Oil, Potato Starch, Expeller-Pressed Canola Oil, Sea Salt, Less than 2% of: Potato Protein, Natural Flavors, Calcium Phosphate, Vegetable Glycerin, Sodium Bicarbonate, Cellulose, Lactic Acid, Citric Acid, Sodium Citrate, Beta Carotene for Color.