Amount Per Serving				
Calories 80		Calories f	Calories from Fat 0	
		% D	aily Value*	
Total Fat 0g			0%	
Saturated	Fat 0g		0%	
Trans Fat	0g			
Cholester	0mg		0%	
Sodium 36	30mg		15%	
Total Carbohydrate 15g 5			5%	
Dietary Fiber 3g			12%	
Sugars 00	3			
Protein 5g				
Vitamin A	0%	• Vita	min C 0%	
Calcium	4%	•	Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Calories	2,000	2,500	
Total Fat Sat. Fat Cholesterol	Less than Less than	65g 20g 300mg	80g 25g 300mg	
Sodium	Less than	2.400mg	2 400mg	