



HUNGRY PLANET CRAB™ GROUND CHUB (5 LB)

Hungry Planet Crab™ is chef-crafted plant-based meat that stores, prepares, cooks and tastes just like conventional crab. Chef-crafted to be delicious, versatile, and healthful, Hungry Planet Crab™ is perfect for crab cakes, crab rangoon, egg rolls, dips; any dish requiring conventional crab. Packed with protein and fiber, with fewer calories and less fat than conventional and competitor meats, it's the healthful way to be kinder to our planet.

- *Packed with protein and fiber.*
- *No cholesterol. No antibiotics.*
- *Lower in fat. Fewer calories.*
- *Non-GMO*

HANDLING & COOKING INSTRUCTIONS

Keep frozen or refrigerated. Cooking from frozen not recommended. Transfer from freezer to fridge for 48+ hrs. Do not thaw at room temp or in microwave. Use within 5–7 days of thawing. Once opened, use within 3 days. Refreezing not recommended. Meats can be roasted, baked, sautéed, grilled, deep fried, seared, braised, or poached. Our meats are lean and handle like lean conventional meat; guard against overcooking. Meats are naturally flavored, so just like with conventional meat, they are meant to be seasoned. No binders such as egg are needed. **PREPARED IN SAUCE:** Season the ground meat and saute on medium-high heat until meat is seared to an appetizing brown before adding to sauce/recipe. **LARGE SCALE:** Spread highly chilled plant-based meat onto an oiled sheet pan and brown in a 425°F convection oven for 5–7 mins or until internal temperature reaches 165°F. **IMPINGER OR CONVEYOR OVEN:** Place highly chilled, seasoned patties on oiled pan and brush top of patties with oil. Send through 400 °F impinger or conveyor oven set at an appropriate speed.

INGREDIENTS

Water, Soy Protein Concentrate, Textured Wheat Protein, High Oleic Sunflower Oil, Natural Flavor, Modified Vegetable Gum, Dextrose.

ALLERGENS

Contains: Soy, Wheat

SPECIFICATIONS

Type: Uncooked, Frozen, Vegan

Item Number: 40005

UPC Code: 00886844400059

Manufacturing Location: USA

Net Wt: 20 lbs. (4 x 5lb chubs)

Case Dimensions: 12.25"L x 8.5"W x 8.5"H

Cases Per Pallet: 80

Transport/Storage Temp: -10°F to 0°F

Case is marked with best by date MMDDYYYY

NUTRITION FACTS

Serving Size	3.5oz (100g)
Servings per Container	91
Calories	130
Total Fat	4g
Saturated Fat	0.5g
Trans Fat	0g
Cholesterol	0mg
Sodium	220mg
Total Carb.	7g
Total Dietary Fiber	4g
Sugars	<1g
Protein	17g
Vit D	0%DV
Calcium	80mg 6%DV
Iron	2.5mg 15%DV
Potassium	400mg 8%DV

FOR MORE INFORMATION

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DOT CODE

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