

INGREDIENTS: Semolina Flour, Ricotta Cheese (Whey, Cream, Vinegar, And Carrageenan), Water, Spinach, Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Contains Less than 2% of: Eggs, Bleached Wheat Flour, Onions, Dehydrated Garlic, Spices, Oleoresin Carrot (Color), Salt, CONTAINS: MILK, WHEAT, EGGS

ALLERGENS: CONTAINS: MILK, WHEAT, EGG

COOKING METHOD: Boil

NUTRITION INFO

Serving Size	4 Ravioli
Calories	250
Calories from Fat	210
Total Fat	6g
Saturated Fat	3.5g
Cholesterol	35mg
Total Carbohydrate	3g
Dietary Fiber	2g
Sugars	5g
Protein	12g
Calcium	190mg
Iron	1.1mg
Sodium	410mg
Potassium	240mg