

Nutrition Facts (Unprepared)	
32 Servings Per Container	
Serving Size	140 g
Amount Per Serving	
Calories	110
	% Daily Value*
Total Fat 2g	3.0%
Saturated Fat 1g	0.0%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 190mg	8.0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugar 0g	
Added Sugar 0g	0%
Protein 21g	
Vitamin D 1.6µg	8.0%
Potassium 250.0mg	6.0%
Calcium 40mg	2%
Iron 0.0mg	0.0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ocean Perch, Water, Sodium
Triphosphosphate (To Retain Moisture).

Contains: Ocean Perch (Fish)