



The Sweet Taste of Tradition

GOOD FOOD, INC.

PURITY, QUALITY, AND TRADITION

**GOLDEN · BARREL
BAKING PRODUCTS**

EFG Sugar

Nutrients per 100g as is (Wet Basis)

Calories	400 Kcal
Fat.....	0 g
Saturated Fat.....	0 g
Trans Fat.....	0 g
Cholesterol.....	0 mg
Protein.....	0 g
Carbohydrate.....	99.9 g
Fiber.....	0 g
Total Sugars.....	99.9 g
*Added Sugars.....	99.9 g

Minerals:

Calcium.....	1 mg
Iron.....	0.05 mg
Sodium.....	1 mg
Potassium.....	2 mg

Vitamins:

Vitamin A.....	0 IU
Vitamin C.....	0 mg
Vitamin D.....	0 mg
Niacin.....	0 mg
Thiamine.....	0 mg
Riboflavin.....	0 mg

*These added sugars are only sugars inherent to the product. We are not adding sugar to the product, but by definition these will be added sugars in a finished good containing the product.

Ingredients: Sugar

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By: Mela Sims