



BAKEHOUSE

Shockingly Delicious

Gluten Free **FLAXSEED OAT BREAD**

INGREDIENTS: purified water, organic brown rice flour, oat flour, eggs, tapioca flour, organic cane sugar, sorghum flour, organic flax meal, organic flax seeds, un-sulfered molasses, sea salt, yeast, xanthum gum, olive oil.

Allergens: Contains egg.

Nutrition Facts

Serving Size: 1 piece (32g)

Servings Per Container: 24

Amount Per Serving

Calories 70

Calories from Fat 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 170mg **7%**

Total Carbohydrate 14g **5%**

Dietary Fiber 1g **4%**

Sugars 2g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

