12 servings per cor Serving size 1 Do	
Amount per serving Calories	240
96	Daily Value*
Total Fat 11g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 200mg	9%
Total Carbohydrate	35g 13 %
Dietary Fiber 1g	4%
Total Sugars 21g	
Includes 21g Added S	ugars 42%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.8mg	4%
Potassium 0mg	0%

INGREDIENTS: SUGAR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE OR REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (PALM, SOYBEAN, COTTONSEED, CANOLA), CONTAINS 2% OR LESS: GLYCERIN, NONFAT DRY MILK, DEFATTED SOY FLOUR, CORNSTARCH, SODIUM ACID PYROPHOSPHATE, BAKING SODA, EGG YOLK, SODIUM ALUMINUM PHOSPHATE, SALT, PRESERVATIVE (SORBIC ACID, SODIUM PROPIONATE, POTASSIUM SORBATE, NATAMYCIN), SOY LECITHIN, DEXTROSE, DEXTRIN, CITRIC ACID, MONO AND DIGLYCERIDES, CORN FLOUR, AGAR, WHEAT STARCH, NATURAL AND ARTIFICIAL FLAVOR, ENZYMES, KARAYA GUM, GUAR GUM, CELLULOSE GUM, MALTODEXTRIN, HONEY, COLOR (ANNATTO AND TURMERIC, BLUE 2 LAKE, RED 40 LAKE).

CONTAINS EGG, MILK, SOY, WHEAT.