

00314 - DRAGON FRUIT (PITAYA) CHUNKS 30# IQF

Frozen DOLE® Dragon Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor. Vibrant pink color flesh with refreshing tropical taste. Washed, prepped and ready to use, our IQF fruit is the ideal labor savings solution.

Brand: DOLE



Nutrition Facts

97 servings per container

Serving size 1 Cup (140g)

Amount per serving

Calories 90

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 21g	8%
Dietary Fiber 5g	18%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 2g	

Vitamin D 0mcg 0%	•	Calcium 0mg 0%	
Iron 1.3mg 8%	•	Potassium 290mg 6%	

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional Claims: Kosher PAREVE

Ingredients

Dragon Fruit.

Case Specifications

GTIN	10071202003141	Case Gross Weight	32 LB
UPC		Case Net Weight	30 LB
Pack Size	1 / 30LB	Case L,W,H	15.81 IN, 12.44 IN, 9.63 IN
	-	Cube	1.10 CF
Tie x High	9 x 6		

Preparation and Cooking

Ready to Eat

Serving Suggestions

Add the exotic taste and vibrant color of Dragon Fruit to enhance the appetite appeal of smoothies, beverages, smoothie bowls, desserts and more.

Product Features and Benefits

- •High Quality Fruit
- • Trusted Brand Name
- • Washed, Prepped & Ready-to-Use. 100% Usable Fruit, Zero Product Waste
- Vibrant pink color flesh and refreshing tropical taste.

Packaging and Storage

Store at zero° or below.

Allergens

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives