

INGREDIENTS

Oat base (water, oats), low erucic acid rapeseed oil, dipotassium phosphate, hydrolyzed sunflower lecithin, gum acacia, gellan gum, calcium carbonate, sea salt.

NUTRITIONAL VALUE

Nutrition Facts (2 tbsp, 30 ml)

About 32 servings per container

Calories	25
Fat	2 g (3%*)
Saturated	0 g (0%*)
Trans Fat	0 g
Cholesterol	0 mg (0%*)
Sodium	15 mg (1%*)
Total Carbohydrate	1 g (0%*)
Dietary Fiber	0 g (0%*)
Total Sugars	1 g
Includes 1 g added sugars** (2%*)	
Protein	0 g
Vitamin D	0 mcg (0%*)
Calcium	50 mg (4%*)
Iron	0 mg (0%*)
Potassium	105 mg (2%*)

* % Daily Value.