



Nutritional Information Per 100 Grams
#CP-14 Acai Blue

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
CP#14	100	Gram	100.00	178.63	0.18	0.04	0.00	0
Total			100.00	178.63	0.18	0.04	0.00	0
Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
CP#14	25.34	0.02	21.99	18.48	0.11	5.51	102.76	0
Total	25.34	0.02	21.99	18.48	0.11	5.51	102.76	0
Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
CP#14	6.21	0.14	24.58	49.97	2.53	0	0	60.89
Total	6.21	0.14	24.58	49.97	2.53	0	0	60.89

04/29/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 18g Added Sugars	35%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	0%
Potassium 25mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	