



A CARANDO GOURMET BRAND.

Quiche Lorraine

Country Chef

Item #: 10912CC

Case Pack: 8/24 oz Quiches

UPC: 0 38058 10912 3

GTIN: 10038058109120

Nutrition Facts

5 servings per container

Serving Size: 1/5 quiche (136g)

Amount per Serving Per serving

Calories 430

% DV*

Total Fat 29g 37%

Sat. Fat 14g 72%

Trans Fat 0g

Cholest. 190mg 63%

Sodium 490mg 21%

Total Carb. 27g 10%

Dietary Fiber <1g 2%

Total Sugars 5g

<1g Added Sugars 2%

Protein 15g

Vitamin D 3.4mcg 15%

Calcium 230mg 20%

Iron 1mg 6%

Potassium 220mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of

food contributes to a daily diet. 2,000 calories a day is used for

general nutrition advice

INGREDIENTS: FILLING: Light Cream, Eggs, Swiss Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes, Potato Starch, Powdered Cellulose Added To Prevent Caking), Fully Cooked Diced Ham (Cured with: Water, Salt, Sugar, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Bacon (Cured with Water, Salt, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite. May contain Sugar, Brown Sugar), Onions, Milk, Modified Food Starches, Corn Starch, Milk Powder, Salt, Garlic, Spices. **CRUST:** Wheat Flour, Palm Oil, Water, Honey, Sugar, Sea Salt, Dough Softener (Malted Barley Flour, Salt).

*CONTAINS: WHEAT, MILK, EGGS

Cooking Instructions: Preheat oven to 350°F. Remove from film wrap & place on baking sheet. Cook for 35 minutes. For Food Safety, Cook to internal temperature of 165°F, Prior to Consumption.

Specifications:

Case Pack: 8/24 oz Quiches

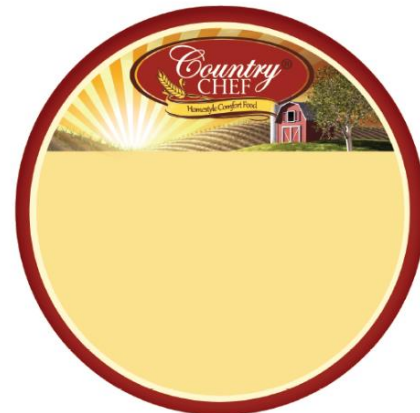
Case Net Wt. 12 lb.

Case: 19L x 9.5W x 6H

Case Cube: 0.627

Pallet: 10 TIE 8 HIGH 80 CASES

Handling: KEEP FROZEN



Made in the USA
Carando Gourmet Frozen Foods
175 Main Street Agawam, MA

For more information:
Please call: 413-737-0183
Toll Free- 1-888-Carando
Carandogourmet.com



The Carando Gourmet Family of Fine Foods.

DATE CODE TRANSLATION

Lot Code is Julian Date.
Example XXX XXX = 365 000
1st 3 numbers = day of the year,
Last 3 numbers = year
Lot Code is on Box End & Product Unit
Best by Date on Box End