

# Nutrition Facts

24 servings per container

Serving size 1 K-Cup® Pod (23g)

Amount per serving

Calories 90

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 21g 8%

Dietary Fiber 2g 7%

Total Sugars 17g

Includes 14g Added Sugars 28%

Protein 0g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0mg 0% • Potas. 30mg 0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** DRIED APPLES, SUGAR, CELLULOSE FIBER, NATURAL FLAVORS, MALIC ACID.

**DISTRIBUTED BY:**  
KEURIG GREEN MOUNTAIN, INC.  
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