

Nutrition



Serving Size 1 roll (50g) / Amount Per Serving (DV are based on a 2,000 calorie diet):

Calories	130
Total Fat	1.5g (2% DV)
Saturated Fat	0g (0% DV)
Trans Fat	0g
Cholesterol	0mg (0% DV)
Sodium	190mg (8% DV)
Total Carbohydrate	28g (10% DV)
Fiber	3g (11% DV)
Total Sugar	2g
Includes Added Sugar	2g (4% DV)
Protein	2g
Vitamin D	0mcg (0% DV)
Calcium	10mg (0% DV)
Iron	0.7mg (4% DV)
Potassium	50mg (2% DV)

Weight: 200 g

Weight per piece: 200 g

For the most complete and up-to-date list of ingredients and nutritional information, please refer to the product packaging.

Ingredients



water, corn starch, corn flour, sourdough (rice flour, water), psyllium seed husk, dextrose, modified cellulose, pea protein, sunflower oil, yeast, salt, **soy protein**, tartaric acid, citric acid. **Contains: Soy.**
May Contain: Sesame..