

[Serving Size](#)

Nutrition Facts	
(Heat and Serve)	
36 Servings Per Container	
Serving Size	160 g
Amount Per Serving	
Calories	420
% Daily Value*	
Total Fat 20 g	31%
Saturated Fat 10 g	50%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 320 mg	13%
Total Carbohydrate 54 g	18%
Dietary Fiber 2 g	8%
Sugar 24 g	
Protein 4 g	
Calcium	2%
Iron	10%
Vitamin A	0%
Vitamin C	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Notes:

7/11/2025 10:00 AM

Ingredients

Apples, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil Shortening (Palm And Modified Palm Oils), Sugar, Water, Glaze (Sugar, Agar) Modified Food Starch, Eggs, Salt, Dextrose, High Fructose Corn Syrup, White Vinegar, Concentrated Lemon Juice, Cinnamon, Yeast, Enzymes, Natural Flavor(Milk), Guar Gum, Xanthan Gum, Calcium Citrate, Color.



May Contain

- Tree Nuts
- Soy



Free From

- Peanuts
- Crustaceans
- Sesame Seeds
- Fish