

Kale



Pack and Case Specifications

Case Dimensions: 17.25 x 14 x 9
Case Gross Weight: 26 lb
Net Weight: 24 lb
Pack: 12/2#

Ingredients

Kale

Product Specifications

IQF Chopped Kale
Color: Green, typical of the variety
Taste: Typical of the variety

Not kosher
No artwork
Must be cooked to a minimum internal temperature of 165°F

Allergen Statement

No ingredients associated with major food allergies are present, or used in the production line.

Storage and Shelf Life

Store in freezer at 0°F (-18°C) or below. Keep frozen until ready to use. Do not refreeze after thawing.

Origin

China

Product Codes

90617

Nutrition Facts

Serving size 1 cup (67g)

Amount Per Serving
Calories 20

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.25g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 2g	4%
Vitamin D 0mcg	0%
Calcium 91mg	8%
Iron 0.5mg	2%
Potassium 223mg	4%

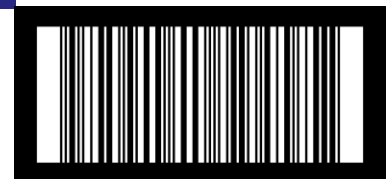
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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December 11, 2025