

Chicken Sausage Egg and Cheese

Italian Herb Aioli



Shipped frozen
18 month shelf

Cooler Slacked
1 week shelf life

Cook From
Frozen/Thawed

Heating directions from frozen.

Microwave:

- Leave sandwich in wrapper, microwave on HIGH for 2 minutes or until heated through.
- Let stand for 30 seconds in microwave. USE CAUTION when removing sandwich from HOT wrapper. Product will be hot.

Turbo Chef:

- Remove sandwich from wrapper, separate the sandwich in two halves, one with bread and sausage and the other with egg in sausage.
- 2 Minutes in the TurboChef at 20% Upper Air, 60% Lower Air, 60% Microwave.

Heating directions from thawed.

Microwave:

- Leave sandwich in wrapper, microwave on HIGH for 90 seconds or until heated through.
- Let stand for 30 seconds in microwave. USE CAUTION when removing sandwich from HOT wrapper. Product will be hot.

Turbo Chef:

- Remove sandwich from wrapper, separate the sandwich in two halves, one with bread and sausage and the other with egg in sausage.
- 90 seconds in the TurboChef at 40% Upper Air, 40% Lower Air, 40% Microwave.

Nutrition Facts

1 serving per container

Serving size

1 sandwich (167g)

Amount per serving

Calories

380

% Daily Value*

Total Fat 24g	31%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 310mg	103%
Sodium 680mg	30%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 8g	
Includes 5g Added Sugars	10%
Protein 16g	32%
Vitamin D 1.1mcg	6%
Calcium 240mg	20%
Iron 2.1mg	10%
Potassium 470mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NET WT 5.89 OZ (167g)

Chicken Sausage, Egg & Cheese — Teddy's Bakehouse

Ingredients: Freshly made milk bread bun (wheat flour, milk powder, water, cane sugar, butter, yeast, salt), egg, seasoned chicken sausage