

ORIGINAL

Nutrition Facts		Amount/serving	% DV*	Amount/serving	% DV*
1 serving per container		Total Fat 0g	0%	Total Carb. 53g	19%
Serving size		Saturated Fat 0g	0%	Dietary Fiber 2g	6%
1 Container (60g)		Trans Fat 0g		Total Sugars 20g	
Calories		Cholesterol 0mg	0%	Incl. 19g Added Sugars	38%
per serving		Sodium 300mg	13%	Protein 3g	
220		Vit. D 3.2mcg 15% • Calcium 0mg 0% • Iron 11.6mg 60% • Potas. 60mg 0%			
		Thiamin 30% • Riboflavin 30% • Niacin 30% • Vitamin B ₆ 30% • Folate			
		190mcg DFE 45% (115mcg folic acid) • Vitamin B ₁₂ 30%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Milled corn, sugar, malt flavor, contains 2% or less of salt.

Vitamins and Minerals: Iron (ferric phosphate), niacinamide, vitamin B₆ (pyridoxine hydrochloride), vitamin B₂ (riboflavin), vitamin B₁ (thiamin hydrochloride), folic acid, vitamin D₃, vitamin B₁₂.