

ORIGINAL

Nutrition Facts

1 serving per container
Serving size
1 Container (42g)

Calories
per serving **160**

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat 1.5g	2%	Total Carb. 37g	13%
Saturated Fat 1g	5%	Dietary Fiber 2g	8%
Trans Fat 0g		Total Sugars 13g	
Cholesterol 0mg	0%	Incl. 13g Added Sugars	26%
Sodium 220mg	10%	Protein 2g	
Vit. D 2.1mcg 10% • Calcium 0mg 0% • Iron 4.8mg 25% • Potas. 60mg 0% Vit. C 25% • Thiamin 20% • Riboflavin 20% • Niacin 20% Vit. B ₆ 20% • Folate 85mcg DFE 20% (50mcg folic acid) • Vit. B ₁₂ 20%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed), oat fiber, maltodextrin, salt, soluble corn fiber, natural flavor, red 40, yellow 5, blue 1, yellow 6.

Vitamins and Minerals: Vitamin C (ascorbic acid), reduced iron, niacinamide, vitamin B₆ (pyridoxine hydrochloride), vitamin B₂ (riboflavin), vitamin B₁ (thiamin hydrochloride), folic acid, vitamin D₃, vitamin B₁₂.

CONTAINS WHEAT INGREDIENTS.