

Nutrition Facts

31 servings per container

Serving size 1/3 Cup (51g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 4.5g 6%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 110mg 5%

Total Carbohydrate 40g 15%

Dietary Fiber 1g 4%

Total Sugars 36g

Includes 30g Added Sugars 60%

Protein 4g 8%

Vitamin D 0.8mcg 4%

Calcium 130mg 10%

Iron 0.2mg 2%

Potassium 170mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

SUGAR, NONFAT DRY MILK, COCONUT OIL, CORN SYRUP SOLIDS, INSTANT BLACK TEA, HONEY GRANULES (SUGAR, HONEY), CINNAMON, SODIUM CASEINATE (A MILK DERIVATIVE), NATURAL AND ARTIFICIAL FLAVOR, MONO- AND DIGLYCERIDES, SODIUM CITRATE, SODIUM SILICOALUMINATE (ANTI-CAKING AGENT), SILICON DIOXIDE (ANTI-CAKING AGENT), GUAR GUM, SALT, CARRAGEENAN.

CONTAINS MILK, SOY