

Ordering Code: VBINBB-4

Black Bean Quinoa Burger, Chef-Crafted (Vegan, GF) 4oz

INGREDIENTS

Cooked Black Beans (Black Beans, Water), Cooked Quinoa (Quinoa, Water), Water, Red Bell Peppers, Corn, Potato Flakes, Canola Oil, Soy Flour, Onions, Arrowroot Powder, Masa Flour (Corn Flour, Lime), Salt, Jalapeño Peppers, Cilantro, Garlic, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Tomato Paste, Chipotle Chile Pepper Powder



PREPARATION

CONTAINS: Soy

KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F. Flat Top Grill (Preferred Method): Preheat grill to 350°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 8 minutes). Convection Oven: Preheat oven to bake at 450°F. Place frozen product on an ungreased baking pan. Bake for approximately 8 minutes until browned. Carefully flip and bake an additional 7 minutes until heated through and well browned.

Food Buying Guide creditable amounts these may be counted as either 1 oz alternate protein/ meat alternate per serving and 3/8 cup other vegetables OR 0.75 oz alternate protein/meat alternate and ½ cup other vegetables

Nutrition Facts

About 40 servings per container Serving Size 1 piece (113g)

Amou	nt per serving
Cal	ories

Calories Z	10
% Dai	ly Value*
Total Fat 9g	11%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 560mg	24%
Total Carbohydrate 25g	9%
Dietary Fiber 14g	50%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 430mg









10%

PACKAGING SPECS

UPC	080868010366	
Case Pack*	Approx. 40/4oz	
Case Net Weight	10 lbs	
Gross Weight	11 lbs	
Case Dimensions	12.81" x 8.31" x 5.12"	
Case Cube (cubic feet)	.3344	
Pallet Ti/Hi	16/11	
GTIN	(01)00080868010366	
Country of Origin	USA, from US and foreign ingredients	

^{*}Cases sold by weight. Piece count may vary.



Black Bean Quinoa Veggie Burger, Chef-Crafted (Vegan) 4 oz







Beans, Water), Cooked Quinoa (Quinoa, Water), Water, Red Bell Peppers, Corn, Potato Flakes, Canola Oil, Soy Flour, Onions, Arrowroot Powder, Masa Flour (Corn Flour, Lime) Salt, Jalapeño Peppers, Cilantro, Garlic, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Tomato Paste, Chipotle Chile Pepper Powder

Ingredients: Cooked Black Beans (Black

Contains: SOY

Made in a facility that uses Wheat, Soy, Sesame, and Eggs

Dr. Praeger's Sensible Foods LLC Elmwood Park, NJ 07407 Made in USA



10 lbs (4.54kg)

Keep Frozen 0°F/-18°C