

# BUCKWHEAT BLOSSOMS

DUTCH GOLD HONEY, INC. • LANCASTER, PA 17601

**Nutrition Facts** Servings: about 22, **Serv. size:**

**1 Tbsp (21g),** Amount per serving: **Calories 60,**

**Total Fat** 0g (0% DV), **Sat. Fat** 0g (0% DV), **Trans Fat** 0g, **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb.** 17g (6% DV), **Fiber** 0g (0% DV), **Total Sugars** 17g (34% DV†), **Protein** 0g, **Vit. D** (0% DV), **Calcium** (0% DV), **Iron** (0% DV), **Potas.** (0% DV). † One Serving adds 17g of sugar to your diet and represents 34% of the Daily Value for Added Sugars.

6 Buckwheat