



Revised By: zeast

Version Date: 09/21/2022

Bob's Red Mill Natural Foods

Product Specifications:

Product Name: Spelt Flour 25 lb

Product Number: P101745

Product Description: SPELT FLOUR are made from stone ground spelt, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Whole Grain Spelt (Wheat).

Allergen List: Wheat.

Physical Properties:

Appearance: Off white, very fine flour.

Aroma: Clean, typical of wheat with no rancid or off-odors.

Flavor: Clean, typical of wheat with no rancid or undesirable flavors.

Nutrition Facts	
Serving size	100g
Amount per serving	
Calories	369.00
% Daily Value*	
Total Fat 1.50g	2%
Saturated Fat 0.30g	2%
Trans Fat 0.00g	
Cholesterol 0.00mg	0%
Sodium 0.00mg	0%
Total Carbohydrate 75.10g	27%
Dietary Fiber 11.90g	48%
Total Sugars 0.90g	
Includes 0.00g Added Sugars	0%
Protein 13.80g	
Vitamin D 0.00mcg	
Calcium 29.10mg	
Iron 3.38mg	
Potassium 407.00mg	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Certifications:

Kosher Certification: OK Kosher Certification of Brooklyn, New York

Non-GMO Certification: Verified by the Non-GMO Project.

Audit Certification: SQF Food Safety Code: Food Manufacturing, ed. 9

Organic Certification:

Gluten Free Certification:

Fair Trade Certified:

Country of Origin: United States of America