

Nutrition Facts

4 servings per container

Serving size 1 MUFFIN

Amount per serving

Calories 460

% Daily Value*

Total Fat 22g 28%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 45g 15%

Sodium 370g 16%

Total Carbohydrates 60g 22%

Dietary Fiber 1g 4%

Sugars 33g

Includes 31g Added Sugars 62%

Protein 6g

Vitamin D 0.3g 2%

Calcium 30g 2%

Iron 2.3g 15%

Potassium 210g 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, WATER, EGGS, BANANAS, WALNUTS, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, WHEAT GLUTEN, POTASSIUM SORBATE (PRESERVATIVE), PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, NATURAL BANANA FLAVOR, MONO- AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR, ENZYMES.CONTAINS: EGGS, WALNUTS, WHEAT.MADE IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, SOY AND OTHER TREE NUTS (ALMONDS, COCONUT, MACADAMIA NUTS, PECANS).