

Nutrition Facts

Serving Size 1/3 Cup (51g)

Servings Per Container 31

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 0mg **0%**

Potassium 200mg **6%**

Sodium 105mg **4%**

Total Carbohydrate 38g **13%**

Dietary Fiber 1g **4%**

Sugars 7g

Protein 4g **8%**

Calcium 10% • Iron 0%

Vitamin D 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

Maltodextrin, Nonfat Milk, Nondairy Creamer [Coconut Oil, Maltodextrin, Sodium Caseinate (a milk derivative), Mono and Diglycerides, Dipotassium Phosphate, Sodium Aluminosilicate (anti-caking agent), Salt, Natural Flavors, Annatto Extract (for color)], Black Tea Powder, Cinnamon, Natural and Artificial Flavors, Silicon Dioxide (anti-caking agent), Carrageenan Gum, Guar Gum, Sucralose.