

Nutritional Information Per 100 Grams  
 BI#5 Wild Berry Beverage Infusion

Spreadsheet

| Item Name | Quantity | Measure | Wgt (g) | Cals (kcal) | Fat (g) | SatFat (g) | TransFat (g) | Chol (mg) |
|-----------|----------|---------|---------|-------------|---------|------------|--------------|-----------|
| + BI#5    | 100      | Gram    | 100.00  | 268.57      | 0.04    | 0.01       | 0.01         | 0.02      |
| Total     |          |         | 100.00  | 268.57      | 0.04    | 0.01       | 0.01         | 0.02      |

  

| Item Name | Carb (g) | Fib(16) (g) | Sugar (g) | SugAdd (g) | Prot (g) | Vit A-IU (IU) | Vit C (mg) | Vit D-mcg (mcg) |
|-----------|----------|-------------|-----------|------------|----------|---------------|------------|-----------------|
| + BI#5    | 62.56    | 0.06        | 60.11     | 57.77      | 0.31     | 1.97          | 79.29      | 0               |
| Total     | 62.56    | 0.06        | 60.11     | 57.77      | 0.31     | 1.97          | 79.29      | 0               |

  

| Item Name | Calc (mg) | Water (g) | Iron (mg) | Pot (mg) | Sod (mg) | Ash (g) | Folate (mcg) | Fol_Acid (mcg) |
|-----------|-----------|-----------|-----------|----------|----------|---------|--------------|----------------|
| + BI#5    | 6.74      | 33.60     | 0.14      | 11.30    | 51.76    | 0.33    | 0.25         | 0              |
| Total     | 6.74      | 33.60     | 0.14      | 11.30    | 51.76    | 0.33    | 0.25         | 0              |

BI#5  
10/09/2019

| <b>Nutrition Facts</b>                                                                                                                                        |                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| servings per container                                                                                                                                        |                       |
| <b>Serving size</b>                                                                                                                                           | <b>(100g)</b>         |
| <b>Amount per serving</b>                                                                                                                                     |                       |
| <b>Calories</b>                                                                                                                                               | <b>270</b>            |
|                                                                                                                                                               | <b>% Daily Value*</b> |
| <b>Total Fat</b> 0g                                                                                                                                           | <b>0%</b>             |
| Saturated Fat 0g                                                                                                                                              | <b>0%</b>             |
| <i>Trans</i> Fat 0g                                                                                                                                           |                       |
| <b>Cholesterol</b> 0mg                                                                                                                                        | <b>0%</b>             |
| <b>Sodium</b> 50mg                                                                                                                                            | <b>2%</b>             |
| <b>Total Carbohydrate</b> 63g                                                                                                                                 | <b>23%</b>            |
| Dietary Fiber 0g                                                                                                                                              | <b>0%</b>             |
| Total Sugars 60g                                                                                                                                              |                       |
| Includes 58g Added Sugars                                                                                                                                     | <b>120%</b>           |
| <b>Protein</b> 0g                                                                                                                                             |                       |
| Vitamin D 0mcg                                                                                                                                                | <b>0%</b>             |
| Calcium 7mg                                                                                                                                                   | <b>0%</b>             |
| Iron 0mg                                                                                                                                                      | <b>0%</b>             |
| Potassium 11mg                                                                                                                                                | <b>0%</b>             |
| *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |                       |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4                                                                                                      |                       |