Nutrition F	acts
30 servings per container	
Serving size 1	tpsp (15g)
Amount Per Serving	
Calories	20
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 80mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 2g	4%
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 0mg	0%
Potassium 40mg	0%
*The % Daily Value (DV) tells you how muc	h a nutrient in a

INGREDIENTS:

FLYING **FISH** ROE, HIGH FRUCTOSE CORN SYRUP, LIQUID COMPOUND CONDIMENT (HIGH FRUCTOSE CORN SYRUP, VINEGAR, SUGAR, SALT, WATER), SALT, SODIUM LACTATE, **BONITO** COMPLEX LIQUID (EDIBLE ALCOHOL, **BONITO** POWDER, SALT, WATER), MONOSODIUM GLUTAMATE, SODIUM DIACETATE, FD&C RED **CONTAINS: FISH (FLYING FISH, BONITO)**

serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.