

Nutrition Facts

(Ready to Eat)

30 Servings Per Container

Serving Size **100 g**

Amount Per Serving

Calories **212**

	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 633mg	28%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugar 2g	0%
Added Sugar 0g	0%
Protein 16g	
Vitamin D 0µg	0%
Potassium 44mg	1%
Calcium 31mg	2%
Iron 2mg	11%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Non-GMO Textured Soybean Protein, Non-GMO Soybean Protein Powder, Non-GMO Wheat Protein Concentrate, White Pepper, Brown Sugar, Sea Salt, Sunflower Seed Oil, Plant-Based Vegan Seasoning, Pumpkin Coloring

CONTAINS: Soy, Wheat