

Nutritional Information Per 100 Grams
ART#60-NS Artisan Natural Black Cherry Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#60-NS	100	Gram	100.00	317.58	0.01	0.01	0.01	0.10
Total			100.00	317.58	0.01	0.01	0.01	0.10

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#60-NS	74.66	0.30	67.18	60.45	5.11	5.00	275.88	0
Total	74.66	0.30	67.18	60.45	5.11	5.00	275.88	0

Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)
+ ART#60-NS	12.62	0.51	163.24	21.09	1.16	0	0	0
Total	12.62	0.51	163.24	21.09	1.16	0	0	0

Item Name	Pot (mg)
+ ART#60-NS	46.87
Total	46.87

ART#60-NS
08/07/2019

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	320
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 75g	27%
Dietary Fiber 0g	0%
Total Sugars 67g	
Includes 60g Added Sugars	120%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 1mg	6%
Potassium 47mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	