



Nutritional Information Per 100 Grams
#ART56-NS Artisan Wild Strawberry Rhubarb

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#56-NS	100	Gram	100.00	324.40	0.10	0.04	0.01	0
Total			100.00	324.40	0.10	0.04	0.01	0

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#56-NS	68.71	0.40	59.46	53.08	1.04	5.00	278.16	0
Total	68.71	0.40	59.46	53.08	1.04	5.00	278.16	0

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ ART#56-NS	16.38	0.53	4.33	161.87	0.94	0	0	22.70
Total	16.38	0.53	4.33	161.87	0.94	0	0	22.70

09/23/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 69g	25%
Dietary Fiber 0g	0%
Total Sugars 59g	
Includes 53g Added Sugars	110%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 1mg	6%
Potassium 4mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	