

Nutrition Facts

Serving Size 1 EMPANADA (85g)
Serving Per Container 24

Amount Per Serving	
Calories 240	Calories from Fat 130
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 410mg	17%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 8g	16%
Vitamin A	6%
Vitamin C	2%
Calcium	10%
Iron	8%

* Percent Daily Values based on a 2,000 Calorie Diet

INGREDIENTS

Ingredients: Wheat flour (enriched with niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Water, Seasoned beef topping (beef, water, dehydrated onion, salt, chili pepper, spices, sugar, sodium phosphate, garlic), Monterey jack cheese with peppers (pasteurized milk, jalapeno peppers, cheese cultures, salt, acetic acid, calcium chloride, enzymes), Low moisture mozzarella cheese (pasteurized milk, cheese cultures, salt, enzymes), Vegetable oil (soybean and/or canola and/or palm and/or corn oil), Batter mix (yellow corn flour, enriched bleached wheat flour, [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], salt, leavening [sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate], dried garlic, dried onion, guar gum, spice), Onion, Modified corn starch, Jalapeno peppers (with salt, acetic acid, calcium chloride), Chili pepper, Dextrose, Salt, Spices, Lactic acid (with calcium lactate), Granulated garlic, Guar gum, Sodium metabisulphite. Contains: Wheat, milk.