



A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 3
Supersedes: 1.23.17

03020 Baba Ghanouj Product Specification

Product Name: Baba Ghanouj		Product Code: 03020																																																			
External UPC: 0 00 75365 03020 7		Internal UPC: 0 75365 03020 7																																																			
Case Packing: 2 – 3.75 lb. containers	Net Weight: 7.5 lbs	Shipping Weight: 8.5 lbs																																																			
Case Cube: 0.28 ft ³		Storage Temp: Keep Frozen (10°F or below)																																																			
Approximate Portion Size: 1 oz. (2 tbsp)		Approximate Portions Per Case: 112																																																			
Case Dimensions: Length: 13.750" Width: 7.125" Height: 5.000"		Pallet Dimensions: High: 12 Tie: 15 Total Cases Per Pallet: 180																																																			
Kosher: No																																																					
Description: Grecian Delight® Baba Ghanouj is grilled eggplant mixed with authentic spices to create a Mediterranean favorite. Serve as a dip with our flatbread Grecian Delight Baba Ghanouj makes the perfect appetizer.																																																					
Ingredient Statement: INGREDIENTS: Eggplant (Grilled Eggplant, Citric Acid, Salt), Sesame Tahini, Olive Oil, Contains 2% or less of: Lemon Juice, Garlic Puree (Garlic, Ascorbic Acid), Modified Food Starch, Seasoning (Maltodextrin, Dehydrated Garlic, Soybean Oil, Natural Flavor), Autolyzed Yeast Extract, Dehydrated Onions, Natural Flavors, Xanthan Gum, Spices. All food ingredients contained in this product are approved for use in a regulation of the Food and Drug Administration CFR Title 21 or are listed as generally recognized as safe.		<table border="1"><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">Serving Size 2 tbsp (28g) Servings Per Container 56</td></tr><tr><th colspan="2">Amount Per Serving</th></tr><tr><td>Calories 30</td><td>Calories from Fat 20</td></tr><tr><td colspan="2">% Daily Value*</td></tr><tr><td>Total Fat 2g</td><td>3%</td></tr><tr><td>Saturated Fat 0g</td><td>0%</td></tr><tr><td>Trans Fat 0g</td><td></td></tr><tr><td>Cholesterol 0mg</td><td>0%</td></tr><tr><td>Sodium 130mg</td><td>5%</td></tr><tr><td>Total Carbohydrate 2g</td><td>1%</td></tr><tr><td>Dietary Fiber 1g</td><td>4%</td></tr><tr><td>Sugars 0g</td><td></td></tr><tr><td>Protein 1g</td><td></td></tr><tr><td>Vitamin A 4%</td><td>Vitamin C 6%</td></tr><tr><td>Calcium 0%</td><td>Iron 0%</td></tr><tr><td colspan="2">*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</td></tr><tr><td></td><td>Calories: 2,000 2,500</td></tr><tr><td>Total Fat</td><td>Less than 65g 80g</td></tr><tr><td>Saturated Fat</td><td>Less than 20g 25g</td></tr><tr><td>Cholesterol</td><td>Less than 300mg 300mg</td></tr><tr><td>Sodium</td><td>Less than 2,400mg 2,400mg</td></tr><tr><td>Total Carbohydrate</td><td>300g 375g</td></tr><tr><td>Dietary Fiber</td><td>25g 30g</td></tr><tr><td colspan="2">Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</td></tr></table>		Nutrition Facts		Serving Size 2 tbsp (28g) Servings Per Container 56		Amount Per Serving		Calories 30	Calories from Fat 20	% Daily Value*		Total Fat 2g	3%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 130mg	5%	Total Carbohydrate 2g	1%	Dietary Fiber 1g	4%	Sugars 0g		Protein 1g		Vitamin A 4%	Vitamin C 6%	Calcium 0%	Iron 0%	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			Calories: 2,000 2,500	Total Fat	Less than 65g 80g	Saturated Fat	Less than 20g 25g	Cholesterol	Less than 300mg 300mg	Sodium	Less than 2,400mg 2,400mg	Total Carbohydrate	300g 375g	Dietary Fiber	25g 30g	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
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The presence of natural ingredients can lead to slight variations in color and analysis. These variations are not related to our standardized flavor profile. Therefore, these data should be used as a condition of sale.

Confidential

5.25.17

Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 www.greciandelight.com

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 G:\Product Specifications\Sauce\03020 Baba Ghanouj Specification.doc



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100g Nutritional:	Nutrients	Per 100g	Nutrients	Per 100g
	Basic Components		Vitamin B6 (mg)	--
	Gram Weight (g)	100	Vitamin B12 (mcg)	--
	Calories (kcal)	104.14	Biotin (mcg)	--
	Calories from Fat (kcal)	70.57	Vitamin C (mg)	14.61
	Calories from SatFat (kcal)	10.98	Vitamin D - IU (IU)	0
	Protein (g)	2.37	Vitamin D - mcg (mcg)	0
			Vitamin E - Alpha-Toco (mg)	--
	Carbohydrates (g)	5.31	Folate (mcg)	--
	Total Dietary Fiber (g)	2.36	Folate, DFE (mcg DFE)	--
	Total Soluble Fiber (g)	0.08	Vitamin K (mcg)	--
	Dietary Fiber (2016) (g)	0.73	Pantothenic Acid (mg)	--
	Soluble Fiber (2016) (g)	0	Minerals	
	Total Sugars (g)	1.65	Calcium (mg)	5.36
	Added Sugar (g)	0.01	Chromium (mcg)	--
	Monosaccharides (g)	--	Copper (mg)	--
	Disaccharides (g)	--	Fluoride (mg)	--
	Other Carbs (g)	0.27	Iodine (mcg)	--
	Fat (g)	7.89	Iron (mg)	0.6
	Saturated Fat (g)	1.22	Magnesium (mg)	0.81
	Mono Fat (g)	3.4	Manganese (mg)	--
	Poly Fat (g)	2.43	Molybdenum (mcg)	--
	Trans Fatty Acid (g)	0	Phosphorus (mg)	0.3
	Cholesterol (mg)	0	Potassium (mg)	43.86
	Water (g)	2.2	Selenium (mcg)	--
	Vitamins		Sodium (mg)	467.26
	Vitamin A - IU (IU)	764.8	Zinc (mg)	--
	Vitamin A - RE (RE)	--	Poly Fats	
	Vitamin A - RAE (mcg)	0.15	Omega 3 Fatty Acid (g)	--
	Carotenoid RE (RE)	--	Omega 6 Fatty Acid (g)	--
	Retinol RE (RE)	--	Other Nutrients	
	Beta-Carotene (mcg)	--	Alcohol (g)	--
	Vitamin B1 (mg)	0	Caffeine (mg)	--
	Vitamin B2 (mg)	0	Choline (mg)	--
	Vitamin B3 (mg)	0		
	Vitamin B3 - Niacin Equiv (mg)	--		

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