

Jamaican Style Mild Beef Patties are beef turnovers with a golden yellow, flaky, pastry crust filled with our original mild beef filling.

Ingredients: Filling: Ground Beef, Water, Onions, Modified Food Starch, Bread Crumbs (Wheat Flour, Salt, Yeast), Seasoning [(Salt, Soup Base (Dextrose, Salt, Corn Starch, Hydrolyzed Vegetable Protein (Soybean), Natural Flavors, Onions, Spice Blend, Garlic, Caramel Color, Palm Oil), Flavoring), Monosodium Glutamate, Soy Sauce (Water, Soybeans, Wheat, Salt)], Hot Peppers, Caramel Color and Thyme.

Crust: Enriched Unbleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Sugar, Salt, Extractives of Turmeric and Annatto.

Contains: Wheat, Soy.

Nutrition Facts	
1 servings per container	
Serving size 1 turnover (142g)	
Amount per serving	
Calories	380
% Daily Value*	
Total Fat 20g	25%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 570mg	25%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 3mg	15%
Potassium 147mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	