



Shrimp Rolls, 3 oz

Colony Lane

Nutrition Facts

Serving Size: 3 Ounces (85g)

Servings Per Container: Varies

Amount Per Serving:

Calories: 210 Calories from Fat: 50

% Daily Value*

Total Fat 6 g 9 %

Saturated Fat 1 g 5 %

Trans Fat 0.5 g %

Cholesterol 10 mg 4 %

Sodium 330 mg 14 %

Total Carbohydrate 32 g 11 %

Dietary Fiber 3 g 11 %

Sugars 3 g

Protein 6 g

	per Serv		per Serv
Vitamin A	0 %	Vitamin C	0 %
Calcium	2 %	Iron	6 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 Carbohydrate 4 Protein 4

Handling Suggestions:

PRODUCT WILL BE HOT. CAUTION: ICE CRYSTALS ON FROZEN FOOD CAN CAUSE SPATTERING WHEN ADDED TO HOT OIL. ADD PRODUCT CAREFULLY.

Serving Suggestions:

Best used by: Best if used before 12 months from date of manufacture, when stored at 0° F or below.

More Information:

KEEP FROZEN

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Units/Case	Unit/Measure	Serving/Case
2028	2028	10813133011082	50	3oz	

Brand	Brand Owner	GPC Description
Colony Lane	Honor Foods	Appetizers

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.00	10.0		NO	NO

Shipping Information					
Length	Width	Height	Volume	TixHi	Shelf Life
13.75	8	4.75	3.02	15L06	
Storage Temp From/To		FREEZER 0° F OR BELOW			

Ingredients:
Filling: Cabbage, Celery, Cooked Shrimp, Sugar, Salt, Partially Hydrogenated Soybean Oil, Spice, Garlic Powder, FD&C Color Red #40. **Wrapper:** Flour, Enriched Bromated Flour Bleached (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Enzyme), Water, Salt. * Contains less than 2% of partially hydrogenated soybean oil.

Benefits:

Prep & Cooking Suggestions:

Deep Fry: Place rolls in 325°F cooking oil. Frozen - Heat for 8-10 minutes. Defrost: Heat for 5-6 minutes. Drain and serve. **Oven:** Preheat oven to 375°F. Frozen - Heat for 20-25 minutes. Defrost: Heat for 12-15 minutes. Note: Temperatures may vary. Adjust cooking times accordingly.
NOT DESIGNED FOR MICROWAVE PREPARATION.