

# Nutrition Facts

About 10 servings per container

Serving size 1 cup (140g)

Amount per serving

**Calories 80**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 19g 7%

Dietary Fiber 6g 22%

Total Sugars 10g

Includes 0g Added Sugars 0%

**Protein** 0g

Vitamin D 0mcg 0% • Calcium 25mg 2%

Iron 0.8mg 4% • Potassium 95mg 2%

Vitamin C 2mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: WILD BLUEBERRIES.**