

Nutrition Facts Panel

Nutrition Facts

servings per container

Serving size

(50g)

Amount Per Serving

Calories

110

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g added sugars	0%

Protein 1g

Calcium 0mg	0%
Iron 0mg	0%
Potassium 190mg	4%
Vitamin D 0mcg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Hass Avocados.

