

## Nutrition Facts (Unprepared)

**Serving Size** 50 g

Amount Per Serving

**Calories** 70

	% Daily Value*
Total Fat 5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 130 mg	6%
Total Carbohydrate 5 g	2%
Dietary Fiber 2 g	7%
Protein 1 g	
Potassium 190 mg	4%
Calcium	0%
Iron	0%
Vitamin A	0%
Vitamin C	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Hass Avocados, Contains 2% Or Less Of Salt, Sugar, Citric Acid (To Acidify), Erythorbic Acid (To Maintain Color)