Nutrition F Serving size	acts (100g)
Amount Per Serving Calories	160
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 2.1g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 7g	25%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 2g	4%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

AVOCADOES.